



KJARTAN D. ARMANN, M.D.
Infant, Child and Adolescent Medicine

2516 Samaritan Dr., Suite J
San Jose, CA 95124
Phone: (408) 356-0578
Fax (408) 356-3986
www.kjkidmd.com

Basic Feeding Guidelines

Age	Average # of feeding in 24 hrs.	Average amount per feeding	Average amount per day
1-2 weeks	6-10	2-3 fl oz	12-30 fl oz
3-4 weeks	6-8	3-4 fl oz	18-32 fl oz
1-2 months	5-6	4-5 fl oz	20-30 fl oz
2-3 months	5-6	5-6 fl oz	25-36 fl oz
3-4 months	4-5	6-7 fl oz	24-35 fl oz
4-7 months	4-5	7-8 fl oz	28-40 fl oz
7-9 months	3-4	7-8 fl oz	21-32 fl oz
9-12 months	3	7-8 fl oz	21-24 fl oz
12-18 months	3	7-8 fl oz	20-32 fl oz
18-24 months	3	7-8 fl oz	20-32 fl oz